



Turkey Salad Wraps

INGREDIENTS (serving size: 4; 2 wraps each)

- 2 ½ cups cooked turkey, shredded
- ¼ cup reduced-sugar dried cranberries
- ¼ cup walnuts, chopped
- ½ cup celery, finely chopped
- 2 tablespoons red onion, chopped
- ¼ cup reduced-fat mayonnaise
- ½ cup plain, non-fat Greek yogurt
- ¼ teaspoon white pepper
- 8 full leaves bib or romaine lettuce

NUTRITION INFORMATION: 290 Calories; 14 grams Fat; 2.5 grams Saturated Fat; 70 mg Cholesterol; 200 mg Sodium; 10 grams Carbohydrates; 7 grams Sugar; 1 gram Fiber; 30 grams Protein

DIRECTIONS

1. Combine turkey, cranberries, walnuts, celery, red onion, mayonnaise, Greek yogurt and white pepper. Divide mixture between 8 lettuce leaves and wrap.

Chef Note: Serve with apple slices or favorite snack such as pretzel sticks.