

Peanut Butter Oatmeal Cookies

INGREDIENTS (Yield: 26 cookies)

- Cooking spray or parchment paper
- ¼ cup unsalted butter
- 2 ounces (1/4 cup) reduced-fat cream cheese
- 10 tablespoons natural peanut butter (chunky or creamy)
- ¾ cup packed brown sugar
- ¾ cup granulated sugar
- 1 egg
- 1 tablespoon vanilla extract

- 1 cup old-fashioned oats
- 2/3 cup all-purpose flour
- ½ cup white whole-wheat flour
- 1 teaspoon baking soda
- ¼ teaspoon salt

NUTRITION INFORMATION: 136 Calories; 5 grams Fat; 1-gram Saturated Fat; 9 mg Cholesterol; 120 mg Sodium; 24 grams Carbohydrates; 1 grams Fiber; 2 grams Protein; 10 mg Calcium

DIRECTIONS

- 1. Preheat oven to 375 degrees Fahrenheit. Coat a cookie sheet with cooking spray or line with parchment paper; set aside.
- 2. In a medium bowl, cream together butter, cream cheese, peanut butter, brown sugar, granulated sugar, egg, and vanilla. In a separate bowl, combine oats, all purpose flour, whole-wheat flour, baking soda, and salt and stir into sugar mixture.
- 3. Scoop slightly heaping tablespoons onto prepared baking sheet and flatten slightly.
- 4. Bake 10 to 12 minutes. Remove from cookie sheet and cool on a wire rack.